1. SHORT TITLE:

These Regulations may be called the 
Chennai Port - Trust Employees’ (Contributory Outdoor and Indoor Medical Benefit after Retirement) Regulations, 1989

2. EXTENT OF APPLICATION:

(a) These Regulations are applicable to -

(i) retired Chennai Port Trust Employees and to their spouses;

(ii) surviving spouses of the employees who die while in service after
completion of 10 years of continuous service in the Chennai Port Trust, and
is eligible for family pension and

(iii) to surviving spouses of retired employees who die after retirement provided he or she is not gainfully employed in public/private undertaking and/or covered by any medical benefit scheme of the undertaking, either for himself or as dependent.

(b) ‘Retired Chennai Port Trust Employees’ in relation to these Regulations means -

(i) employees of all classes, viz Class I, Class II, Class III and Class IV, who
retire from the Chennai Port Trust service, on attaining the age of superannuation under the service regulations applicable to them.

(ii) Class I and Class II officers who retire by giving the requisite notice, or pay and allowances in lieu of such notice or may be retired by giving the requisite notice or pay and allowances, in lieu of such notice, after attaining the age of fifty (50) years and all Class III and Class IV
employees who retire by giving the requisite notice or pay and allowances, in lieu of such notice, or are retired by giving the requisite notice or pay and allowances in lieu of such notice, after attaining the age of fifty five (55) years

(iii) Employees irrespective of their class, who were medically invalidated from service after completion of 15 years of continuous service in Chennai Port Trust.
(c) The option to enroll as members for obtaining medical benefits under these Regulations should be given within a month of the date of retirement. In the case of those who have already retired or died while in service after completion of 10 years of continuous service or medically invalidated from service after completion of 15 years of continuous service such option should be exercised by the retired employee and/or dependent within three (3) months from the date of these regulation come into effect or death as the case may be.

3. CONTRIBUTION:

(a) To become member for availing medical benefits under these Regulations is purely voluntary. Only those retired employees or surviving spouses of deceased employees who make the payment either by deduction from their retirement benefits or in cash, of the one time lumpsum contribution set out below, are eligible for availing medical benefits under these Regulations for themselves and/or their spouses for life. The amount of one time lumpsum contribution will be determined by the Board from time to time:

<table>
<thead>
<tr>
<th>Class of employees</th>
<th>Amount of lump contribution (Rs.)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Class – I</td>
<td>1200/-</td>
</tr>
<tr>
<td>Class – II</td>
<td>900/-</td>
</tr>
<tr>
<td>Class – III</td>
<td>600-</td>
</tr>
<tr>
<td>Class - IV</td>
<td>300-</td>
</tr>
</tbody>
</table>

Note: For the purpose of Regulations 2 and 3, the expression “Class I, Class II and Class-III and Class-IV” has the same meaning as respectively assigned to it in the Chennai Port Trust Employees’ (Recruitment, Seniority and Promotion) Regulations, 2008. The actual classification will, however, be determined with reference to the post substantially held by the employee at the time of his/her retirement/death/medical invalidation.

(b) The benefit under these Regulations would not be admissible until a retired employee or his/her spouse and in the case of an eligible deceased employee, his /her surviving spouse has paid the prescribed one time lumpsum contribution.

(c) The lumpsum contribution once paid will not be refunded on any ground whatsoever.

4. REGISTRATION:

(a) The application in the prescribed proforma Annexure ‘A’ (attached) - for the medical facilities under these Regulations should be made in duplicate to the Head of Department from where the employee retired/invalidated or in case of his/her death, by his/her spouse, for verification of the particulars mentioned therein. While submitting the application, 2 copies of passport size photographs of the retired employee/his spouse should also be sent to the Head of Department along with a declaration in the proforma Annexure ‘C’ (attached) - that he/she is not gainfully employed in any public/private undertaking and/or covered by any medical benefit scheme of the undertaking and the receipt of having paid the lumpsum contribution referred to in preceding para. This declaration should be renewed every year on the 1st April.

(b) On receipt of the application by the Head of Department, the contents of the application will be scrutinized with reference to records available in that department and forwarded to the Chief Medical Officer. The Head of Department or an Officer appointed by him, while forwarding the application to the Chief Medical Officer, should certify on the application as detailed hereunder:-

“I have personally verified the contents of the application with reference to records available with this department and it is certified that the applicant is eligible for the benefit under the Chennai Port Trust Employees’ (Contributory Outdoor and Indoor Medical Benefit after Retirement) Regulations.”

(c) In case it is found that the applicant is not eligible for any benefit under these Regulations, he/she should be intimated so, in
writing, by the concerned Head of Department.

d) If the applicant is found not eligible for benefit under these Regulations the lumpsum payment made by him will be refunded to him on the basis of the advise of the respective Head of the Department.

e) On receipt of the recommendations from the Head of Department, the Chief Medical Officer will issue to the retired/invalidated employee or spouse as the case may be, an identity card in the prescribed proforma Annexure –B (attached) - with a copy of photograph duly pasted on it. The second copy of the photograph should be pasted on the application and kept for records. The cost of the identity card, if any, should be borne by the retired employee/spouse.

f) If the retired employee or his spouse in case of death of employee is gainfully employed in public/private undertaking and covered by any medical benefit scheme of the undertaking, or on the death of the beneficiary under these Regulations, the fact should be intimated to the Chief Medical Officer immediately in writing by the retired employee/spouse or by the next kin of the deceased, as the case may be. On receipt of such information, Chief Medical Officer should take necessary action to cancel the identity card issued to him/her.

g) A monthly return in respect of such identity cards issued/cancelled during the month, should be sent to the Financial Adviser and Chief Accounts Officer on or before 10th of the succeeding month.

h) On receipt of the application with lumpsum contribution, the Chief Medical Officer of the Chennai Port Trust should grant retired employee or surviving spouse, as the case may be, a registration number and shall, at his discretion, allot him/her a dispensary at which he/she should be registered. The retired employee and his/her spouse shall be eligible for registration only at the dispensary to which he/she is allotted and except at the discretion of the Deputy Chief Medical Officer, he/she shall not be accepted at any other dispensary. He/She will be entitled to outdoor medical attendance and treatment only at the dispensary where he/she is registered. The outdoor medical attendance and treatment at the Chennai Port Trust Hospital shall be admissible only on a reference from the dispensary to the Hospital. However, in emergencies and at the discretion of the Chief Medical Officer, he/she may be accepted for outdoor medical attendance and treatment at the Chennai Port Trust Hospital direct.

5. SCOPE:

On payment of contribution, the medical attention and treatment will be made available to retired employees and their spouses on the same scale and conditions as is normally admissible to employees in service subject to the following conditions:

a) Outdoor medical attendance and treatment includes such pathological, bacteriological, radiological (including taking of X Ray Plates) or other methods of examination (including ECG and ultrasound scanning) as the Deputy Chief Medical Officer/Chief Medical Officer may consider necessary and to the extent that the equipment and facilities are available at the dispensary or outpatient department of the Hospital. It will, if so considered necessary, by Deputy Chief Medical Officer/Chief Medical Officer, also include such physical therapy, dental treatment, hyperbaric treatment as may conveniently be given at the dispensary or outpatient department of the hospital.

b) If for any investigations, reference is required to an outside consultant, agency, hospital or a nursing home, the entire charges therefore should be borne by the retired employee/his/her spouse and paid directly by him/her to the outside consultant, agency, hospital, nursing home, as the case may be.

c) If in the course of medical examination of a retired employee/his/her spouse an emergency arise necessitating hospitalization in the Chennai Port Trust Hospital, such hospitalization should be limited to the minimum period considered necessary by the Chief Medical Officer.

d) Such medicines and injections as may be prescribed at the dispensary or Chennai Port Trust Hospital will be supplied without any charge if they are available from the stock of medicines and injections maintained at the
dispensary or the hospital. If any medicines and injections are not available at the Chennai Port Trust dispensary or hospital, the same should be purchased by him/her at his/her own cost initially and he/she will be reimbursed by the Accounts Department, the cost involved on production of the cash memo/receipted bill, duly certified by the Deputy Chief Medical Officer/Chief Medical Officer.

(e) A maximum of five (5) beds at a time will be reserved for retired employees and/or spouses and these beds will be allotted to retired employees and/or spouses in preference to serving employees and their dependents.

(f) If all or any of the beds reserved for retired employees and/or spouses are not occupied, the unoccupied beds may be allotted to serving employees and their dependents.

(g) A serving employee and/or his dependent who is allotted a bed from out of the aforesaid 5 beds reserved for retired employees and/or spouses will not be discharged prematurely on the ground that an eligible retired employee and/or his/her spouse subsequently requires admission.

(h) If the medical circumstances of a retired employee or his spouse seeking admission into the Chennai Port Trust Hospital are such that, in the judgement of the Chief Medical Officer, he or she needs medical attention or hospitalization as an emergency, the retired employee and/or his/her spouse may be given admission even in excess of the 5 beds reserved for retired employees and/or spouses, referred to in (f) above.

(i) Ambulance service and medical attendance of Trust’s doctors at the residence will not be available to retired employees/spouses.

6. **EXPENDITURE ON THE REGULATIONS:**

The contribution and other charges collected from retired employees/their spouses under these regulations will be credited to the Chennai Port Trust Employees’ Welfare Fund and the expenditure on providing the medical benefit will also be met from that Fund.

7. **PENALTY:**

(a) The renewal of the declaration referred to in Regulation 3(a) above is the sole responsibility of the retired employee/his spouse as the case may be.

(b) If a retired employee/his spouse/spouse of the eligible deceased employee who have enjoyed benefit under these Regulations subsequently found to be gainfully employed in the public/private undertaking during the period in which he/she had availed the treatment, the cost of full medical treatment at outsiders rate with 5% penalty charges will be levied, and collected from them and they will forfeit the right to avail further benefit under these Regulations.

8. **MISCELLANEOUS:**

(a) The Chief Medical Officer will ensure that the medical facilities are extended only to the persons enumerated in the identity cards.

(b) The Chief Medical Officer is required to maintain a separate register in the form shown in Annexure – ‘D’ (attached) - showing therein the person/persons to whom the medical facilities are extended under these Regulations and this register will be made available for periodical inspection by the Financial Adviser and Chief Accounts Officers or by an Officer nominated by the Finance Adviser and Chief Accounts Officer.

9. **INTERPRETATION:**

When a doubt arises as to the interpretation of these Regulations, the matter will be referred to the Chairman, Chennai Port Trust, whose decision shall be final.
**ANNEXURE ‘A’**

**CHENNAI PORT TRUST**

APPLICATION FORM FOR JOINING THE CHENNAI PORT TRUST EMPLOYEES’ (CONTRIBUTORY OUTDOOR AND INDOOR MEDICAL BENEFIT AFTER RETIREMENT) REGULATIONS.

1. Name of the retired employee(In block letters)

2. (a) Designation and Class of post  
   (b) Staff No.PPO No,  
   (c) Department

3. Date (i) Appointment  
   (ii) Retirement

4. Last pay drawn

5. Name of surviving wife/husband

<table>
<thead>
<tr>
<th>Name</th>
<th>Relation</th>
<th>Date of birth</th>
<th>Present Age</th>
</tr>
</thead>
<tbody>
<tr>
<td>(i)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(ii)</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

6. Name of the applicant

7. Permanent address

(Signature of the Applicant)

Note: - Two copies of the Passport size photographs of the members joining these Regulations must accompany

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**ANNEXURE ‘B’**

**CHENNAI PORT TRUST**

CHENNAI PORT TRUST EMPLOYEES’ (CONTRIBUTORY OUTDOOR AND INDOOR MEDICAL BENEFIT AFTER RETIREMENT) REGULATIONS.

Identity Card No……………………………..

1. Name of the retired employee:

2. Name of the surviving wife/husband

3. Designation on the date of retirement with name of department and staff No. PPO No.

4. Date of retirement

5. Last pay drawn

6. Date of contribution

7. Marks of identification  
   (i)  
   (ii)

8. Particulars of Payment  
   (i)  
   (ii)  
   (iii)

9. Signature of Retired employee/ applicant……………..

10. Signature of Head of the Department with Rubber Stamp……………..
ANNEXURE –’C’

CHENNAI PORT TRUST

Declaration to be filled by retired employees at the time of joining the Chennai Port Trust Employees’ (Contributory Outdoor and Indoor Medical Benefit after Retirement) Regulations, 1989 and thereafter on 1st of April every year.

1. I, the undersigned………..Staff No………..Designation………..of………..Department retired from the service of the Board with effect from ………………do hereby declare that I am/I am not employed in any public or private sector undertaking and I am/I am not covered by any medical benefit scheme by such employer.

2. (In case of those who are employed gainfully in public or private sector job)

   I took up this job on…………..and my term of appointment is for a period from ……………….to……………. I understand that I am not entitled to free consultation, free medicines, free investigation from the Board’s hospital of duration of this appointment as per the Chennai Port Trust Employees’ (Contributory Outdoor and Indoor Medical Benefit after Retirement) Regulations, 1989.

   Signature………………
   Identity Card No…………
   Issued by……………….

ANNEXURE –’D’

FORM OF REGISTER TO BE MAINTAINED UNDER THE CHENNAI PORT TRUST EMPLOYEES’ (CONTRIBUTORY OUTDOOR AND INDOOR MEDICAL BENEFIT AFTER RETIREMENT) REGULATIONS BY THE TRUST’S CMO

<table>
<thead>
<tr>
<th>Name of the retired employee</th>
<th>No. of family member including the retired employee</th>
<th>Designation Staff no. and name of Department</th>
<th>Contribution deposited with the FASCAD/CMO</th>
</tr>
</thead>
<tbody>
<tr>
<td>(1)</td>
<td>(2)</td>
<td>(3)</td>
<td>(4)</td>
</tr>
<tr>
<td>(5)</td>
<td>(6)</td>
<td>(7)</td>
<td>(8)</td>
</tr>
<tr>
<td>(9)</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Remarks for the period from… to…</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amount</td>
</tr>
<tr>
<td>Date of payment</td>
</tr>
<tr>
<td>Cash receipt No.</td>
</tr>
<tr>
<td>Signature of the officer collecting the contribution</td>
</tr>
</tbody>
</table>

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